

PROMOTION POINT WORKSHEET (UNITED STATES ARMY RESERVE)

For use of this form, see AR 600-8-19; the proponent agency is DCS, G-1.

DATA REQUIRED BY THE PRIVACY ACT OF 1974

AUTHORITY: Title 5 USC, Section 301.
PRINCIPAL PURPOSE: To determine promotion eligibility (USAR).
ROUTINE USES: To update a Soldier's promotion points. May be disclosed to DOD officials only.
DISCLOSURE: Voluntary. Failure to furnish information may result in denial of promotion.

1. TYPE

- ☐ a. Initial
☐ b. Total Reevaluation
☐ c. Annual Re-Computation

2. NAME	3. DATE OF BIRTH (YYYYMMDD)	4. DATE (YYYYMMDD)
5. ORGANIZATION	6. RECOMMENDED GRADE	7. RECOMMENDED MOS

SECTION A - RECOMMENDATION

MILITARY TRAINING (Maximum Points: 340 FOR SGT and 255 FOR SSG)

1. ARMY PHYSICAL FITNESS TEST (APFT) MAXIMUM POINTS: 160 FOR SGT - 100 FOR SSG


a. LATEST APFT DATE (YYYYMMDD)	b. RAW SCORES				c. POINTS EARNED
	PUSH-UPS	SIT-UPS	RUN	TOTAL	

2. WEAPONS QUALIFICATION MAXIMUM POINTS: 160 FOR SGT - 100 FOR SSG

a. LATEST WEAPONS QUALIFICATION DATE (YYYYMMDD)	b. DA FORM USED:	c. TOTAL HITS	d. POINTS EARNED
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3. COMBAT EXPERIENCE (2 points/month of combat deployment) MAXIMUM POINTS: 30 FOR SGT - 60 for SSG

a. TOTAL MONTHS DEPLOYED (Operational)	b. MILITARY TOTAL MONTHS DEPLOYED X 2 (see limits above)	c. POINTS EARNED
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TOTAL MILITARY TRAINING POINTS EARNED Maximum Points: 340 for SGT and 255 for SSG 

4. TOTAL POINTS EARNED

5. COMMANDER (TYPED SIGNATURE BLOCK)	6. DATE (YYYYMMDD)	7. SIGNATURE
8. RECOMMENDED SOLDIER'S SIGNATURE BLOCK	9. DATE (YYYYMMDD)	10. SIGNATURE

11. PROMOTION BOARD RECOMMENDATION (Select Yes or No)

☐ YES

☐ NO

12. BOARD PRESIDENT (TYPED SIGNATURE BLOCK)	13. DATE (YYYYMMDD)	14. SIGNATURE
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SECTION B - ADMINISTRATIVE POINTS

AWARDS, DECORATIONS, BADGES, COA'S, AIRBORNE ADVANTAGE: MAXIMUM POINTS 125 FOR SGT - 165 FOR SSG

List awards, include order number and award number (i.e. 3rd OLC) COA's limited to 20 points.

Include Airborne Advantage points only when serving in authorized TOE/TDA position with qualifying badges.

TOTAL AWARDS/DECORATIONS POINTS EARNED 125 for SGT - 165 for SSG 

NAME			DATE OF BIRTH (YYYYMMDD)		
SECTION B - ADMINISTRATIVE POINTS <i>(Continued)</i>					
1. MILITARY EDUCATION <i>(Maximum Points. 260 for SGT and 280 for SSG): List all military education.</i>					
TOTAL MILITARY EDUCATION POINTS EARNED →					TOTAL POINTS EARNED
2. CIVILIAN EDUCATION - <i>(Maximum Points. 75 for SGT and 100 for SSG) List all civilian education, certifications, or DLPT (with date).</i>					
TOTAL CIVILIAN EDUCATION POINTS EARNED →					TOTAL POINTS EARNED
SECTION C - TOTALS POINT COMPUTATION					
	RECOMMENDATION TO SGT (E5)		RECOMMENDATION TO SSG (E6)		
CATEGORY	POINTS EARNED	MAXIMUM	POINTS EARNED	MAXIMUM	
MILITARY TRAINING		340		255	
AWARD/DECORATIONS		125		165	
MILITARY EDUCATION		250		280	
CIVILIAN EDUCATION		75		100	
TOTAL		800		800	
SECTION D - AUTHENTICATION					
I certify that the above total points shown have been accurately extracted from appropriate records and promotion list points indicated are correct.					
1. TYPED OR PRINTED NAME AND SIGNATURE OF ADMINISTRATIVE OFFICIAL			2. GRADE	3. DATE (YYYYMMDD)	
4. TYPED OR PRINTED NAME OF PROMOTION AUTHORITY		5. SIGNATURE		6. DATE PROCEEDINGS WERE APPROVED (YYYYMMDD)	
Counseling statement: <i>(Used only when Soldier is not recommended for promotion). I have been counseled on my promotion status and deficiencies.</i>					
7. SIGNATURE OF SOLDIER		8. DATE (YYYYMMDD)	9. TYPED OR PRINTED NAME AND SIGNATURE OF COUNSELOR		